

# CAREGIVER SUPPORT GROUP

Dates, times, and locations are subject to change. Please call before attending, if this is the first time going or haven't been in a while.

### Butte County (530.898.5925)

#### Chico

3rd Mondays monthly 10:00 – 11:30am The Terraces (Shasta Room) 2750 Sierra Sunrise Terrace

#### **Oroville**

2nd Mondays monthly 2:00 – 4pm Feather River Senior Citizen Center 1335 Myers Street

### **Paradise**

2nd Tuesdays monthly 11am – 12:30pm Jubilee Church 6280 Clark Rd.

## <u> Tehama County (530.898.5925)</u>

### **Red Bluff**

2nd Tuesdays monthly 1:30 – 3pm Tehama County Library 545 Diamond Ave.

# <u>Shasta County (530.221.1900)</u>

# **Redding - Caring for a Spouse**

1st Thursdays monthly
2 -4pm
Oakmont Senior Living
2150 Bechelli Ln.
(Park across street at big flag)

### Redding

2nd Thursdays monthly
2 – 4pm
Oakmont Senior Living
2150 Bechelli Ln.
(Park across street at big flag)

# Siskiyou County (530.221.1900)

## Yreka

3rd Tuesdays monthly 2:00 - 3:30pm Madrone Senior Services 810 N. Oregon St.

## Mt. Shasta

3rd Wednesdays monthly 1:00 – 2:30pm Mt. Shasta Baptist Church 812 Lassen Lane