

CAREGIVER SUPPORT GROUP

Dates, times, and locations are subject to change. Please call before attending, if this is the first time going or haven't been in a while.

<u>Butte County (530.898.5925)</u>

<u>Chico</u> 3rd Mondays monthly 10:00 – 11:30am The Terraces (Shasta Room) 2750 Sierra Sunrise Terrace

Oroville

2nd Mondays monthly 2:00 – 4pm Feather River Senior Citizen Center 1335 Myers Street

<u>Tehama County (530.898.5925)</u>

<u>Red Bluff</u> 2nd Tuesdays monthly 1:30 – 3pm Tehama County Library 545 Diamond Ave.

Shasta County (530.221.1900) Redding – Caring for a Spouse

1st Thursdays monthly 2 -4pm Oakmont Senior Living 2150 Bechelli Ln. (Park across street at big flag)

Redding

2nd Thursdays monthly 2 – 4pm Oakmont Senior Living 2150 Bechelli Ln. (Park across street at big flag)

Siskiyou County (530.221.1900)

Yreka 3rd Tuesdays monthly 2:00 - 3:30pm Madrone Senior Services 810 N. Oregon St.

<u>Mt. Shasta</u>

3rd Wednesdays monthly 1:00 – 2:30pm Mt. Shasta Baptist Church 812 Lassen Lane