## Talk About It Tuesdays

The most valuable support a family caregiver can receive is from a peer — someone who truly understands what it is like to care for a loved one. The purpose of this group is to provide a supportive atmosphere to share experiences, ideas, and to problem solve together to ease the stress of caregiving.



Get Connected

## **LGBTQ+ Caregiver Meetup**

When: 4th Tuesdays every month Where: Stonewall Alliance Center 358 East 6th Street, Chico, CA 95928

Time: 1:30pm

**Date & Time** 

Subject to Change







